

Henry Wising, leg psykolog,
leg psykoterapeut,
specialist i klinisk psykologi,
handledare i psykoterapi &
psykosocialt arbete

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411 13 Göteborg
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Curriculum vitae

Examina, legitimationer, specialistkompetenser

1976: Fil kand.
1982: Psykologlegitimation
1983: Psykologexamen
1989: Psykoterapeutlegitimation
1991: Handledarutbildning
1996: Psykologförbundets specialistkompetens i klinisk psykologi: åtgärder, behandling, rådgivning
1996: Psykologförbundets specialistkompetens i klinisk psykologi: konsultation, handledning

Anställningar (tjänstgöring som psykolog)

1976: Södra klinikerna (psykiatri), Jönköping
1976-79: Medicinsk rehabilitering, Jönköping
1979-83: Medicinsk rehabilitering, Göteborg
1980-82: Yrkesmedicinska kliniken, Göteborg
1979-85: Psykiatriska polikliniken, Östra sjukhuset
1982, 1983, 1984: Klinik IV, Lillhagens sjukhus (psykiatri)
1985-91: Universitetskliniken/ Klinik 3, Lillhagens sjukhus (psykiatri)
1991 - 2001: Ami, Göteborg (arbetslivsinriktad rehabilitering)

Privat verksamhet

1987 - 2001: verksam på deltid i egen verksamhet: psykoterapi, handledning, konsultationer och undervisning
2001 - fortfarande: dito på heltid

Övriga vidareutbildningar, fortbildningar, föreläsningsserier och kongresser, som jag har deltagit i efter 1990 och som har varit minst tre dagar långa

1990: *Systems and Family Therapy: Ethics, Epistemologies, New Methods*, kongress, C.E.C.C.O.F, Paris, Frankrike.
1991: *The End of Grand Designs and the Flowering of Systemic Practice*, kongress, Abteilung für Psychoanalytische Grundlagenforschung m.fl. Heidelberg, Tyskland.
1992: *Feelings and Systems: A Challenge for Family Therapy*, kongress, European Family Therapy Association, Sorrento, Italien.
1993: *Psychotic States*, kongress, European Federation for Psychoanalytic Psychotherapy, Le Coq, Belgien.
Neuropsykologernas Studiedagar, Göteborg
1994: *Myers-Briggs Type Indicator*, utbildning, Sandviken.
Daniel Stern, The World of Infant Research and Adult Psychotherapy, New

- England Educational Institute, Massachusetts, USA.
Arbetsmarknadsverkspsykologernas studiedagar, Köpenhamn, Danmark.
- 1995: *Neuropsykologiska metoder*, 20 p, Psykologiska Institutionen, Göteborgs Universitet.
Judith Beck, Cognitive Therapy Applied to Difficult Disorders, New England Educational Institute, Massachusetts, USA.
5th Nordic Meeting in Neuropsychology, Uppsala.
Arbetsmarknadsverkspsykologernas studiedagar, Oslo, Norge.
- 1996: *William O' Hanlon, M.S., Rewriting Love Stories: Brief Solution-Oriented Therapy with Couples*, New England Educational Institute, Massachusetts, USA
Kriser hos Individer, i grupper och i samhället, 19:e Nordiska Psykologkongressen, Sollentuna
Forskningsrapportering, 10 p, specialistkompetenskurs, Psykologiska Institutionen, Göteborgs Universitet.
- 1997: *Shawn Shea, M.D., Rapid Single Session Assessment in the Age of Managed Care*, New England Educational Institute, Massachusetts, USA.
- 1998: *Theodore Millon, Ph.D., Disorders of Personality: DSM -IV and Beyond*, New England Educational Institute, Massachusetts, USA.
International Congress on Constructivism in Psychotherapy, Siena, Italien.
- 1999: *The Fourth London International Conference on Eating Disorders*, London, United Kingdom.
Michelle Craske, Ph.D., Facing Fears and Controlling Worry: Latest Theoretical and Empirical Developments for Treating Anxiety Disorders, New England Educational Institute, Massachusetts, USA.
- 2000: *European Federation for Psychoanalytic Psychotherapy in the Public Sector Millennium Conference, "Changing Times, Changing Relationships"*, Oxford, United Kingdom.
- 2001: *Kenneth Minkoff, M.D., Integrated Treatment Models for Dual Diagnosis*, New England Educational Institute, Massachusetts, USA.
- 2002: *Donald Meichenbaum, Ph.D., Angry and Aggressive Behavior: A Life-span Treatment Approach*, New England Educational Institute, Massachusetts, USA.
- 2003: *26th Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.
XIII Annual Congress of the European Association of Behavioural and Cognitive Therapies, Prag, Tjeckien.
- 2004: *27th Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.
4th World Congress of Behavioral and Cognitive Therapies, Kobe, Japan.
- 2005: *28th Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.
5th International Congress of Cognitive Psychotherapy, Göteborg, Sverige.
- 2006: *Den stressade Hjärnan*, Peter Währborg, Docent, MD, PhD, Leg läkare, Leg psykolog, Leg psykoterapeut, Göteborg.
Stress och den nya ohälsan, Peter Währborg, Docent, MD, PhD, Leg läkare, Leg psykolog, Leg psykoterapeut, Göteborg.
36th Annual Conference of European Association for Behavioural and Cognitive Therapies, Paris, Frankrike.
- 2007: *30:th Anniversary Psychotherapy Networker Symposium*, Washington, D. C. USA.
XIIIth European Congress of Work and Organizational Psychology, Stockholm, Sverige.
5th World Congress of Behavioral and Cognitive Therapies, Barcelona, Spanien.
9th Nordic Meeting in Neuropsychology, Göteborg, Sverige.
- 2008: *31:st Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.
- 2009: *32:nd Annual Psychothereapy Networker Symposium*, Washington, D. C. USA.
The 19:th WAS World Congress for Sexual Health, Göteborg, Sweden.
The Evolution of Psychotherapy Conference, The Milton H. Erickson Foundation, Anaheim, California, USA.

- 2010: 10:th Nordic Meeting in Neuropsychology, Aalborg, Danmark.
XI Congress of European Association for Behavioural and Cognitive Therapies, Milano, Italien.
- 2011: 7:th International Congress of Cognitive Psychotherapy, Istanbul, Turkiet
Sveriges neuropsykologers förenings riksstämma, Växjö
- 2012: International Neuropsychological Mid-Year Meeting 2012: The Changing Brain, Oslo, Norge
EABCT/European Association for Behavioural and Cognitive Therapies 42nd Annual Congress: Psychotherapy and Neuroscience - Evidence and Challenges for CBT, Genève, Schweiz
- 2013: The Evolution of Psychotherapy Conference, Anaheim, Los Angeles, California.
EABCT/European Association for Behavioural and Cognitive Therapies 43rd Congress, Marrakech, Morocco.
- 2014: 3rd Nordic Conference in Work Rehabilitation, Kolmården.
8:th International Congress of Cognitive Psychotherapy/ICCP 2014, Hong Kong, China.
The New Brief Therapy: Treating Anxiety, Depression and Trauma, The Milton H. Erickson Foundation, Orange County, California, USA.
- 2015: The Couples Conference, The Milton H. Erickson Foundation, The Couple Institute, Manhattan Beach, California.
45:th Annual EABCT Congress, European Association for Behavioural and Cognitive Therapies, Jerusalem, Israel.
- 2016: INS/ International Neuropsychological Society 44th Annual Meeting, Boston, Massachusetts, USA.
International Neuropsychological Society, The British Neuropsychological Society, The British Psychological Society, INS 2016 Mid-Year Meeting, From Neurons to Neurorehabilitation, London, Storbritannien.
- 2017: The Evolution of Psychotherapy Conference, Anaheim, Los Angeles, California.
- 2018: The 13:th Nordic Meeting in Neuropsychology, Stockholm.
48:th Congress of the European Association for Behavioural and Cognitive Therapies/ EABCT, Sofia, Bulgaria.
- 2019: The International Neuropsychological Society 47:th Annual Meeting, "Embracing the Biopsychosocial Melting Pot", New York City, New York.
- 2022: The Evolution of Psychotherapy Conference, Orlando, Florida -
videodokumentation
- 2023: The Evolution of Psychotherapy Conference, Anaheim, California -
videodokumentation
- 2025: EABCT/ European Association for Behavioural and Cognitive Therapies, årskongress, Glasgow, Scotland - via länk och videodokumentation